



St. Aloysius Regional School Weekly Communication 2/15/2017

Dates to Remember...

Non-Uniform Day (\$1) Donation
(Thursday - February 16)
*Proceeds benefit flood victims in
CeCe Dickson's home town of Thailand*

President's Day **NO SCHOOL**
(Monday - February 20)

Mid-Winter Recess **NO SCHOOL**
(Tuesday - Friday / February 21-26)

School Resumes on Monday - February 27

Ash Wednesday 9am Children's Mass
(Wednesday - March 1) *No Mass Fri 3/3*



Saturday - May 6, 2017
\$\$ Big Money Raffle \$\$

Buy your tickets in the school office - \$50 each

Gowanda CSD

**** Parents & Students ****

Gowanda CSD has a half-day teacher training scheduled for
Friday - February 17, 2017

Morning Routes are not affected

Afternoon Routes are affected - students will be picked up
at St. Al's at 2:45 pm but **parents** will have to **pick up their
child(ren) at Gowanda Elementary at 3:15 - 3:20 pm**

IMPORTANT !

The March Lunch Menu
will be both emailed to
parents as well as sent
home in hard copy form
as soon as it is available.

Inside this Issue:

Mrs. Webster's Principal's Page

From the desk of Deacon Jeff

Catholicism for the Curious

Important Notices

Re-Registration Packets for 2017-18
(due March 15, 2017)

The Little Mermaid Advertising Campaign
March 2017 Menu*

**(will be sent home & emailed to parents when available)*

Last Reminder!!

The "Child & Dependent Care Credit" is a federal income tax credit you **MAY** qualify for if you paid before or after school care or Montessori program tuition for your child(ren) in 2016. Please refer to IRS Topic 602, IRS Publication 503 and IRS Form 2441 for details.

LOST & FOUND!

Please see Melissa - I have quite a collection (hats, gloves, uniform skirt)

The scrip program will no longer be available as of 2/28/2017.

Tops "Cash for Causes" gift cards will still be available in the office for purchase.

The Sewing Club will not meet again until after the end of Musical performances.

**** Effective immediately as per Mrs. P ****

Upcoming Fundraisers / Events:

Niagara Chocolate Easter Candy Sale

Pick up at Parish Hall 3/24/2017

Our goal is \$7,500 - the success of this sales depends
on our school families!

Please call Elina Panteleeva (Chair) at
(301) 693-7104 with questions

BIG MONEY RAFFLE 2017

Saturday - May 6, 2017 / 6:30 pm Parish Hall
Please call Michelle Moritz (Chair) at
(610) 223-6274

Chicken BBQ

Sunday - February 26, 2017

Parish Hall at 11:30 am (until sold out)

\$10 per dinner

Family style eat in OR Take out

Basket Auction* - Drawings start at 2:30 pm

**Need not be present to win*

BINGO is played every Wednesday evening
beginning at 7:30 pm in the Parish Hall.

All proceeds benefit St. Al's Regional School!

2/15/2017 Team 1 Workers: Mary Ann Emerling, JoAnn Feuz, Ray
Stahl, Ellyn Duprey and Greg Evans.

Workers report by 6:15 pm to help set up.



The Principal's Page

"Be it known to all who enter here, that Christ is the reason for this school. He is the unseen, but ever present, teacher in its classrooms. He is the model for its faculty and the inspiration of its students."

February 14, 2017

Dear Parents and Guardians:

I find it hard to believe that we are sending out re-registration packets for the 2017-18 school year.

As you know first-hand, St. Aloysius Regional School prides itself in offering a superior education grounded in Catholic tradition and Christian values. As good stewards of your investment in your child's education, we are able to keep our tuition costs affordable. Per pupil cost in our local school districts exceeds \$16,000. At St. Aloysius Regional School, we continue to provide a well-rounded education at a cost of about \$6,500 per student.

As I mentioned in a recent Principal's Page, after carefully reviewing our operating budget, **the School Board has voted to keep tuition rates at our current level.** The cost for one child will remain at \$3,375.00 for the year, for two children \$5,900.00 and for three or more children \$7395. In addition, the \$30 per child activity fee, which pays for bus transportation to field trips will remain the same.

Financial assistance is available through the BISON Children's Scholarship Fund. I have attached information for families who have not previously applied. Please note that the deadline to apply for eligibility for new applicants is February 28. Renewal application for currently enrolled families must be completed no later than March 31, 2017.

Additional financial assistance provided by the school is based on the financial need of the family. To apply for additional financial assistance, families should fill out the FACTS Grant and Aid Assessment (FGAA) at <https://www.factstuitionaid.com/facts/gaindex>. This information is reviewed by a third party and is kept strictly confidential. The analysis then provides the school with the recommended parental contribution for education.

In today's communication, you will find the re-enrollment application as well as a separate form for bus transportation. I have also included information on financial aid programs. Re-enrollment and bus transportation requests are due by March 15.

If you have questions or concerns, please don't hesitate to contact me. Thank you for your timely attention to this matter!

May God bless all of you with a restful mid-winter break.

Mrs. Mary Beth Webster
Principal

***If you choose not to re-enroll at this time we will be unable to guarantee financial aid assistance, transportation or text books for the 2017-2018 academic year*

It came across the desk of Deacon Jeff..

5 Stages of Love: Are You Stuck at Stage 3?

After 40 years as a marriage and family counselor, psychotherapist Jed Diamond claims to have discovered what makes a relationship real and lasting.

Have you ever been told that your relationship is “going through a phase” by people who seem dismissive? After 40 years as a marriage and family counselor, psychotherapist Jed Diamond claims that “going through a phase” might be exactly the case - five phases, actually - and that bearing patiently through these phases is what makes a relationship real and lasting.

Diamond notes that many marriages fall apart at Phase 3, and most couples feel blindsided by it. “They mistakenly believe they chose the wrong partner. After going through the mourning process, they start looking again.” In fact, Diamond suggests that they are looking for love, as the song goes, in all the wrong places. Couples do not understand that the disillusionment of Stage 3 “Is not the end, but the true beginning to achieve real and lasting love.” Stage by stage, Diamond offers advice:



Phase # 1: Passion in Love

This stage feels wonderful, the psychotherapist explains. It’s a kind of “better living through chemistry” - as the saying goes - because when we fall in love, we are inundated with hormones like dopamine, oxytocin, serotonin, testosterone and estrogen. This is the point where we project all of our hopes and dreams into the other person. We believe that all the promises that our previous relationships have failed to deliver will ultimately be met. “We are sure to remain in love forever,” he says, because this person seems so perfect, so true, so right - like the answer to our dreams.

Phase # 2: Becoming a Couple

Here love deepens and develops and the two come together as a couple, and this is a moment of unity and joy: “We learn what the other person likes and we expand our individual lives to start developing a ‘we two’ life.” We feel more connected with the loved one, safe and protected. Many times we think that this is the maximum level of love and we expect that it should continue like this forever. But then Phase 3 inevitably arrives.

Phase # 3: Disillusionment

It is at this stage where a relationship will find new strength or will falter. The first glow of love is wearing away; the perfect ideal begins to show human faults, unreasonableness, unattractive behavior. Little things begin to irritate us. People feel less loved and cared for and more responsible. “Trapped” is a word some use. At this stage, says Diamond, “We can get busy with work or family, but dissatisfaction accumulates.” The inevitable question arises: “What happened to that fun, giving, loving person I thought I knew?” The break-up looms; do we just give up or should we try to persist? “There’s an old saying, ‘When you’re going through hell, don’t stop.’ This seems relevant to Stage 3. The positive side of Stage 3 is that the heat burns away a lot of our illusions about ourselves and our partner. We have an opportunity to become more loving and appreciate the person we are with, not the projections we had placed on them as our ‘ideal mate.’”

Phase # 4: Creation of Real and Lasting Love

“One of the gifts of facing unhappiness in Phase 3 is that we can get to the heart of what causes pain and conflict,” Diamond says. After “walking through the fire” the two learn to be allies by learning to console each other in their failings, and helping to understand that human faults can exist amid real love. That understanding can help a couple heal each other’s wounds. We come to learn that if our dreams are “broken,” the one you love is someone who is capable of loving you for being exactly who you are. “There is nothing more satisfying than being with a partner who sees you and loves you for who you are. They understand that your harmful behavior is not because you are bad or loveless, but because you have been hurt in the past and the past still lives with you. As we better understand and accept our partner, we can learn to love ourselves more and more deeply.”

Phase # 5: Using the Power of Two to Change the World

This is the stage where differences and doubts have been overcome, trust and companionship are so strengthened that the two can cause differences in the world from their real and lasting love. “If we can learn to overcome our differences and find real and lasting love in our relationships, who knows, we can work together to find real and lasting love in the world.” This is an opportunity, says Diamond, to together use the “power of two” to direct a purpose of life together, in a way that can positively impact the world. A couple that has learned to see each other fully, to accept each other, and love each other in all their imperfections is a couple who, having traveled through these “phases” has a solid foundation for seeing, accepting and loving others, too.

Catholicism For The Curious

The Excellence of Values

The Christian moral life is one that seeks to cultivate and practice virtue. "A virtue is an habitual and firm disposition to do the good. It allows the person not only to perform good acts, but to give the best of himself" (CCC, no. 1803). An effective moral life demands the practice of both human and theological virtues.

Human virtues form the soul with the habits of mind and will that support moral behavior, control passions, and avoid sin. Virtues guide our conduct according to the dictates of faith and reason, leading us toward freedom based on self-control and toward joy in living a good moral life. Compassion, responsibility, a sense of duty, self-discipline and restraint, honesty, loyalty, friendship, courage, and persistence are examples of desirable virtues for sustaining a moral life. Historically, we group the human virtues around what are called the Cardinal Virtues.

This term comes from the Latin word *cardo* meaning "hinge." All the virtues are related to or hinged to one of the Cardinal Virtues. The four Cardinal Virtues are prudence, justice, fortitude, and temperance.

There are a number of ways in which we acquire human virtues. They are acquired by frequent repetition of virtuous acts that establish a pattern of virtuous behavior. There is a reciprocal relationship between virtue and acts because virtue, as an internal reality, disposes us to act externally in morally good ways. Yet it is through doing good acts in the concrete that the virtue within us is strengthened and grows.

The human virtues are also acquired through seeing them in the good example of others and through education in their value and methods to acquire them. Stories that inspire us to want such virtues help contribute to their growth within us. They are gained by a strong will to achieve such ideals. In addition, God's grace is offered to us to purify and strengthen our human virtues, for our growth in virtue can be hampered by the reality of sin. Especially through prayer and the Sacraments, we open ourselves to the gifts of the Holy Spirit and God's grace as another way in which we grow in virtue.

The Theological Virtues of faith, hope, and charity (love) are those virtues that relate directly to God. These are not acquired through human effort but, beginning with Baptism, they are infused within us as gifts from God. They dispose us to live in relationship with the Holy Trinity. Faith, hope, and charity influence human virtues by increasing their stability and strength for our lives.

Each of the Ten Commandments forbids certain sins, but each also points to virtues that will help us avoid such sins. Virtues such as generosity, poverty of spirit, gentleness, purity of heart, temperance, and fortitude assist us in overcoming and avoiding what are called the seven deadly or Capital Sins - pride, avarice or greed, envy, anger, lust, gluttony, and sloth or laziness - which are those sins that engender other sins and vices.

Growth in virtue is an important goal for every Christian, for the virtues play a valuable role in living a Christian moral life.

Excerpt from US Catholic Catechism for Adults

Important Notices

- **February 16- Non-uniform Day.** Recently, a devastating flood in Thailand, swept through the hometown of Noi Dickson (mom of CeCe) leaving a wake of destruction in its path. The proceeds of our dress down day will be donated to the town's relief efforts. Noi shared that \$100- the amount we typically collect on dress down day – would provide 100 meals.
- **February 18-February 26- Mid Winter Break- No School**
- **February 27- School resumes**
- **February 28- 6:00-7:00 – The Carol A. Harrigan Memorial Science Fair** will be held in the school. Student projects will be on display.
- **February 28, 2017 - BISON Children's Scholarship Fund Pre-Application Form Deadline.**
If you are facing a financial challenge in meeting tuition cost and meet income guidelines, I strongly encourage you to apply for a BISON scholarship. Pre application forms are now available online for families new to BISON Scholarship Fund Children's or those who were on the waitlist during this school year. Visit www.bisonfund.com to apply The maximum award has been raised to \$1,900 per child. Income guidelines have also been adjusted. Contact the office with questions or for help in filling out the application.
- **Current families receiving BISON scholarships** should have received an email in February with instructions on how to renew for the 2017-18 school year.
- **March 1- Ash Wednesday** –Students will attend Mass. There will be **NO Mass on Friday, March 3.**
- **March 3- 11 AM** Early dismissal for Teacher Professional Development.
- **March 3 is listed as Teacher Appreciation Day, however, recently the diocese directed all schools to celebrate Teacher Appreciation Day on May 9 which is the national celebration. We will comply with the May 9 date.**
- **March 10 Deadline- The St. Thomas More Guild Scholarship.**
- **No School March 10- Professional Development Day for staff in STREAM schools.**



BIG

Beach Party



Come & Enjoy:

2 Pools (15' round filled to approx 32" & 6' round filled to approx 15")

Big Sand Beach, Make Sandcastles, Collect Seashells, Volleyball, Ping-pong, & More!

Free sunglasses & Hawaiian leis (while supplies last)

Don't Forget Your:

Lawn chair

Kid's bathing suits & towels

Flip-flops / sandals

Bag to collect sea shells

Beach toys

Picnic snacks (Fruit smoothies & some food will be available for purchase)

Saturday, March 4th

St Aloysius Parish Hall

Come & Go between 10am & 4pm

Then catch Mass at 4pm if you like (beach attire OK)



Enclosed in this communication are 2 letters (in return envelopes) regarding an ad campaign for our upcoming Musical production.

We are asking you (recipient of this communication) to read the "MY BIGGEST FAN" letter and respond as you see fit.

We are asking you (recipient of this communication) to read the "BUSINESS" letter and invite the business(es) of your choice to place an ad in our program. If you want more letters, ask and you shall receive.

IMPORTANT: There will be no general mailing on this matter. We are asking all parents of St. Aloysius Regional School students to help with this ad campaign. All money that is collected is to be used for musical expenses. Did you know that our costumes and sets are donated or borrowed? Each year the cost of the musical production is carried by generous parents, friends, and staff. Please help invite advertisers to buy an ad.

URGENT: all deadlines are March 10th. Don't delay!

Questions? Contact Bridget Tartick at 941-3424 or bridgettartick@gmail.com.

Thank you!